



What's being said about Paul Frazer, Motivated Role Theory and his speaking programs

PAUL FRAZER PHD

SCHOLAR & SPEAKER
Author, Coach, Consultant



HELPING LEADERS AND
ORGANIZATIONS
WHO WANT TO ACHIEVE EXCELLENCE
BY BETTER UNDERSTANDING AND
COMMUNICATING
INDIVIDUAL DIFFERENCES
IN MOTIVATION.

*"HE WHO KNOWS OTHERS IS WISE;
HE WHO KNOWS HIMSELF IS ENLIGHTENED." LAO TZU*

-- PAUL WANTS TO HELP YOU GO FROM WISE TO ENLIGHTENED.

MINDSCAPE

482 Clarchris Rd
Perth, ON, K7H 3C6
613.264.3791
www.mindscape.ca
info@mindscape.ca

Paul is a very committed and dedicated person to supporting human potential
Marilynn Matheson Policy Analyst, RCMP

Practical information packaged in a logical format
Nish Nolan Senior Business Analyst Supply, Canada Revenue Agency

This was awesome! Very informative. Made me very aware of certain things.
Kelly Boisclair Financial Advisor

I can't let today go by without thanking you for your awesome presentation last night. What a pleasure it was to watch you in action – truly professional. ... Again, a huge, and grateful THANK YOU. You are a consummate professional.
Angela Sutcliffe Small Business Expert, Business Owner

Very interesting and enlightening presentation. Paul is able to quickly engage his audience and keep their interest through out the presentation, participants come away from his lecture with a very upbeat feeling
Rebecca Collier Assistant – Promotions and Tenure CE&B, McMaster Univ.

I just want to let you know that you are making a difference in the world with your energizing work & seminars!
Pamela Clifford

Insightful, thought provoking, Job Well Done
Darren Bourque Salesperson

Very upbeat, very informative, and honestly, life changing
Chris Sinclair

Really interesting stuff that I can put to use in my daily life
Doug Robertson Policy Analyst, Human Resources Management Agency

Paul's approach is inspiring and makes you think, "Oh yeah, that's what it is!" Thanks, that was great.
Barbara Best Business Owner

"I believe your workshop taught me a great deal and gave me a whole different mental approach to doing what I want with my life. I think I had my thoughts so implanted in my head I didn't think anyone could change my opinions. However your workshop has do
Courtney Coutts

Paul's keynote gave me a new perspective on how to be successful

Emre Daglik

Thought Provoking

Mary Dendur Senior Policy Analyst, Human Resources Management Agency

It truly opened my mind to my potential.

Line Morin-Smith Senior Class Grievance Officer

Your presentation has shown me where I am on track and given me some ideas on where I can improve.

Helena Julien

A fun way to help show what we need to be successful

Cory LeBlanc

Useful and thought provoking

Sultan Ahmed Buyer, Dew Engineering

Great Job

Chris Benjamin Financial Centre Associate Manager

I have been presented with and have addressed several self-improvement (realization) theories in recent years, Covey, Robbins, Chilton, Sullivan, Strategic Coach, etc... I found Paul's approach very fresh, true and thought provoking. I come from a Leisure

Liz McDonough Coordinator of Customer Service, Student Accounts & Cashiers, McMaster Univ.

"The workshop that we were presented by Mindscape was both informative as well as well presented. I retained a lot of things from the presentation including motivation and a few things that as a person I must develop to be a more successful person."

Geoff Schideler

Wow, you are awesome! I want to know more secrets. ... I have taken the 11 secrets to unlocking my potential very seriously lately, and they have helped me out of a few sticky situations. I have also been reading some books. And ever since you left the othe

Harry Witton

"Thank you very much for the time you put into making a presentation regarding the betterment of self. I have a lot of the same belief in self as you, but at times it seems difficult to attain and live by what I feel is true. I have much respect for peo

James Ashton

It was perfect.

You guys are awesome

Barbara Best Business Owner

What can I say? Very very good.

Martin Pagnan Engineer

Entertaining and illuminating

Sheila Macleod

Energized.

Kent MacPherson Consultant

Very knowledgeable on the material presented

Rick Hansen Broadband Program Officer Industry Canada

Very Motivating

Cindy Rogers

I think Paul is a great speaker and is focused on his career and life

Derek Brown

Very Enthusiastic and Explanatory, intelligent

Randy Rogers

Interesting and Useful

Ben Montgomery

Informative, very easy to understand

Toby Stevens

You were a very good speaker and made us think.

Jennie Beute

Inspirational, motivated to act, increased self-esteem

David Harrison Engineer

Very very perceptive and revealing

Martin Pagnan Engineer

Good Job! I enjoyed the presentation. Thank you so much!

Honadzi Murzionak

Dynamic, energetic, full of useful ideas, attention grabber.

R. Gupta

Dynamic, clear, concise, knowledgeable

John Douglas

Excellent.

Dr. Nastarajan Nagamuthu

Resourceful

Guy Boone

Helpful & practical theory to apply to not only in a job search but working life in general

Mike Riva

Lots of energy, good presence

Natalie Harrington Director, HR Policy, Systems, Program, Canadian Food Inspection Agency

Very innovative in presentation

Maureen O'Callaghan

Insightful

Anthony Troukaur HR. Consultant

Extremely interesting presentation

Gail Ellingwood Manager Quality Standards

Very Interesting

Corinne Ng Analyst, Department of Fisheries and Oceans

Enriching, Motivating

Lise Prud'homme Career Development & Resourcing Officer, RCMP

Refreshing, honest, thought provoking

Laurel Linton Bell MRO Buyer Planner

Paul was enthusiastic & showed his dedication to helping others

Diane Daly Buyer, Computer Sciences Corporation

It got me thinking, reflecting, planning, in essence stopping to use my brain – not reacting to demands.

Sandra Meilleur Ottawa Carleton District School Board

Dramatic & Inspiring to One's Mind

Gail Pattman Buyer, Nasittuq

Very Dynamic, Put Things in a Different Perspective

Paul Mercier Purchasing Agent, Conseil des ecoles catholiques de langue francaise du Centre-Est

Interesting, Useful

Christine Habash Sr Buyer, Domtar

Thought provoking – think outside the box... or in the box

Paul Donoghue Contract Coordinator, Canadian Blood Services

Simply Simplify

Kevin Worrell Material Manager, Dustbane

Interesting, Gets You Thinking

Chris Murphy Coordinator of Operations

Dynamic, interesting, change the way I think

Maya Walker

Inspiring

Jean Lindsay

Really opens your mind to exploring a different view on life

Scott Charlebois Buyer,

Enjoyable, positive, enlightening

Richard Meincke

Mind expanding

Natasha Carr Buyer, Computer Sciences Corporation

Great Presentation, Tips and Hints

Nico Minga Financial Advisor

It was a pleasure hearing from you.

Edward Ilinga Financial Advisor

Well Done

Shaun Banyas Training Manager

Well versed in the material he presented. Paul has clearly done a lot of research into what makes successful people tick.

Jennifer Radley Occupational Therapist, Trainer, Counselor

Very Positive, Enlightening, Makes You Think

Tim Ross Financial Advisor, Business Owner

Each time you speak, I move further on my own learning curve, and I watch the same with the others in the room. You have an ability to translate highly complex ideas into simple steps.

Angela Sutcliffe Small Business Expert, Business Owner

Well Done

Ian Hunter Account Exec. First Data/Toronto Dominion

Very Good Points Made

Sara Pether Account Manager, Xactly Design

Inspiring and Thought Provoking

Renee Ladouceur Beauchamp Executive Director, EORC

Great presentation, Solid points

Eric McKay Senior Policy Consultant – HRSDC Labour

Excellent presentation – clear & simple

Judy Whitelock Entrepreneur

Very interesting

Naomi S Wilansky

Looking forward to attending a longer seminar

Carmen Gottfried President, Carpet Revival

I really enjoyed your presentation

Went Sharp Consultant

Great!

Sue Steele Realtor

I enjoyed your presentation!

Adam MacGregor President, Compu-Silv Computers

Great, Thoughtprovoking

Doug McLean Owner

Something that I needed to hear. Positive thinking as I've changed my mindset.

Jennifer Ferguson Owner

Your presentation was inspirational, upbeat and entertaining!

Mary Anne Stinson Payroll Asst, McMaster University

Very energetic and enthusiastic speaker. A motivational speaker.

Sandra Buday Departmental Assistant, Human Resources Services, McMaster Univ.

Excellent presenter, enthusiastic and out of the ordinary!

Thanks so much to Martin Pagnan for introducing Paul Frazer to the KKG. I, for one, was a rapt member of a rapt audience.

Linda Pond KKG exec

Paul's presentation was not only interesting and humorous (at the right spots), it was thought-provoking. A number of club members commented on the quality of his presentation.

Phil Perrin Program Director

Paul's presentation reminded me of the importance of maintaining a positive attitude towards life as well as helping me appreciate the awesome power of the mind as a step towards achieving personal success.

Rick Coldrey Retired Teacher

I really enjoyed your talk when you came to Smiths Falls and it started me thinking about where I was heading with my life . So from your talk I decided to take the challenge and think positive and move ahead and see where it leads me. We never know in

Gord Alexander Business Owner

"You are a wonderful speaker and can really get to an audience despite all of its diversities."

Heidi Rogers

"Speaker involved audience."

"I liked the demonstrations shown to audience – makes a powerful presentation."

"I found this to be a very motivating speech. It reminded me that I have the power & control to guide my life in the way I want it."

"Good Job and keep up the good work."

James Ashton

"I thought the workshop was an excellent chance for people to open their minds and explore new ideas."

Jamie Echlin

"I found your presentation to be very enlightening and fulfilling. Your talk on "The 11 Secrets To Unlocking Your Potential" held a great number of valuable lessons for people of all ages. Every aspect of your workshop was a success."

Courtney Coutts

"Paul's workshop was enlightening. Through illustrative demonstrations and insightful words of wisdom, he successfully reminded me that I alone am in control of my life and well being. With the right mind frame, goals can be attained and dreams fulfilled."

Heather Watson

"This workshop it what I needed to get things in my life more organized."

Kevin

"I think the seminar was very well done and would like to see you come in again sometime in the future"

Heidi Rogers

Paul has been a close friend and mentor of mine for nearly twenty years. I have always admired his infectious enthusiasm, his insight, his leadership, and his drive. When I learned that Paul was running to be the President of an organization in which we

J. Ross Macfarlane, Barrister & Solicitor

Helpful – Personalized Information. Related the point to our work effectively.

Makes us stop and think. We get “tunnel vision” with work, etc.

Tracey Fuller

Interesting Presentation. It applied to me, to everyone.

It was fantastic. Well focused. Very positive.

Presented Clearly. Applying it to our clients but also to my own life. Will be able to apply when trying to assist client with change.

Excellent Tool. Presented in an easily understood and professional manner.

Presentation style – enthusiastic, interactive, specific strategies to implement steps.

Understand how to “unlock the potential for me to be a good leader”. By understanding that “team players” contribute to the success of my team.

Roy Matthews

I have a deeper understanding of the theory and practicalities of good leadership. Am looking forward to applying skills/knowledge learned. David Challenger

The course should be a compulsory requirement for all RG managers.

Charanjit Jootla

The course really improved my leadership skills which it will help for achieving and setting objectives to me and my team.

Walid M. Abdelrahman

The content, the examples were perfect.

The ideas, thoughts, the content of the course were very useful. By attending such training those techniques definitely can immediately apply to the work which will then enhance my competency.

Giving such opportunity to attend this course, I believe it's a great gift from RasGas.

Cleetus Kunnamkumarata

Because I understand myself better, I can improve my relationships with others. I now understand the tools, techniques and personal abilities to create synergy, creativity and focus in teams.

Best course RG has put me on. I would become a champion for this course.

Stephen Kennedy

Course content was excellent.

Derek Bentley

This course is the most effective course/relevant work I ever had.

Safia Abou Asliba

The best ever course I attended.

Archiaston Musamma

This course will enhance my leadership qualities, I will be a better communicator, leader and a team member. This course will increase my interpersonal relations and leadership.

Muhammad Aslam Sajid

A great course to attend. Opens a whole lot of doors to see things in a different way. This course has helped me to understand on "how to enhance/develop my strengths" to overcome weaknesses.

This course is the first step to understand organisational leadership, but it also gave me insights to improve my personal life too. Thank You!!

Shridhar Devidas

I wrote down on my "things to do" list more than 12 items where I can apply immediately.

I highly recommend that all managers and head of sections who did not attend this course to go ahead and join this course immediately.

Nidal Natsheh

Really this course will improve leadership capability, finally will increase productivity. With knowledge I have now will improve my strength more.

Very good course.

Teuku Anwar Umar



Health
Canada

Santé
Canada

Health Products
and Food Branch

Direction générale des produits
de santé et des aliments

Health Products and Food Branch
Inspectorate
Graham Spry Building, 3rd Floor
250 Lanark Avenue
Address Locator # 2003A
Ottawa, Ontario
K1A 0K9

To whom it may concern :

This letter is being written for anyone who is considering using Mr. Paul Frazer's service. I would, without hesitation, recommend Paul for any speaking arrangements you might be considering. Paul did a wonderful job of captivating our audience and imparting to them his insightful wisdom. He spent the whole day with us and all the evaluation reports I received were nothing but favourable. We would happily have him back to speak for us again.

Many thanks again Paul for making our day special!

Yours truly,

Ben Chayko

Canada



March 4, 2005

Paul Frazer – Mindscape
482 Clarchris Rd.
Perth, ON
K7H 3C6

Re: 2005 'Inspiring from Within' Conference

Dear Paul,

On behalf of the 2005 Organizing Committee and myself, we would like to sincerely thank you for participating in this year's 'Inspiring from Within' Employee Conference. Your contribution to this Conference was extremely valuable. In addition, you did a great job of networking with the participants and really making them feel valued.

The committee and I would especially like to acknowledge the fact that you stepped in with absolutely no notice to create an impromptu workshop in the place of our morning speaker that arrived late. This was truly an indication of how confident a speaker you are, and we appreciated having you available at that time!

We would like to formally recognize your contribution by presenting you with a 'Working at McMaster' jacket – reserved for our partners that contribute to Working at McMaster.

We would welcome an opportunity to work with you at future conferences. Thank you for joining us for the full two days!

Kind Regards,

Lorraine Redford

Facilitator, 'Inspiring from Within' Conference





February 26, 2008

Paul Frazer
Mindscape

Dear Paul,

Thank you for participating in our General staff meeting on January 16, 2008. Your presentation, *The 11 Secrets to unlocking your Potential*, was well received and enjoyed by our group. We found the presentation to be both motivating and inspiring. It is great to have concrete steps to follow through with in the future.

The time you spent getting to know our needs as an organization, and customizing your presentation was appreciated and proved to be valuable and relevant when connecting with our group.

Many staff have expressed their ongoing interest in your ideology by registering to your program Mindscape.ca. We were all impressed with your professional and friendly approach and the fact you connected directly with staff both before and after the presentation.

Thank-you,

A handwritten signature in blue ink that reads "Johanne Tallon".

Johanne Tallon
Manager, Employment Community Programs
Community and Protective Services
City of Ottawa



Purchasing Management Association of Canada
Ottawa District - P.O. Box 35051, Westgate Station
1309 Carling Ave., Ottawa, Ontario, K1Z 7L0

November 18, 2005

Paul Frazer
Mindscape

Dear Paul:

It was a pleasure having you as a keynote speaker at our Association's meeting last month. The response of our attendees to your presentation "Mind Enablers: 11 Secrets To Unlocking Your Potential" was excellent.

We found your professional demeanor, your ability to hold the interest of the audience, and your content and delivery to be outstanding. I am not surprised that the ratings you received were so high; we all fully enjoyed your presentation.

I would recommend your services to any group interested in human performance and personal and professional growth. You brought into people's awareness the unlimited potential of human mind and shown how development of this asset can bring success and happiness on a personal level which will often translate into superior results on the corporate level.

Sincerely,

Christine Habash, C.P.P.

Vice President, Ottawa District
Ontario Institute, Purchasing Management Association of Canada

To whom it may concern,

www.aiesec.ca

We at AIESEC Canada had the pleasure of witnessing and experiencing the great keynote and workshop sessions provided by Mr. Jim Carty from AltiMark Ltd. and Mr. Paul Frazer from Mindscape Inc. at our 2006 National Leadership Conference.

AIESEC is the largest global non-profit student managed organization recognized by the United Nations and operates in 91 countries since 1948. Our mandate is creating globally minded student leaders by facilitating aboard work exchanges.

AIESEC Canada's 2006 National Leadership Development Conference (NLDC06) brought together 300 student leaders from 26 Canadian Universities from May 4-9, 2006 at McMaster University. The delegates traveled to Hamilton to engage with their colleagues in skills development workshops, discussion of AIESEC Canada's national issues, and collaborate on enhancing the effectiveness of our exchange program.

Both Paul and Jim touched on areas that dealt with enhancing the soft skills of our delegation. Paul started off the day by presenting a keynote on the importance of soft skills in the workforce and right off the bat captured the interest of the 300 audiences by his clever metaphors. They then went on delivering the smaller workshops to the delegation. Jim's session was about the four different quadrants of leadership types and how to utilise the knowledge to better get along with different individuals in various team settings. Jim was full of energy and his enthusiasm and useful handouts made his presentation extremely memorable. The participants were given the opportunity to learn about the human side of leadership traits and to discover their leadership personalities. Paul's session was on enhancing ones performance and ultimately the performance of ones team by applying a set of methods recommended by Paul that proved valuable for himself and his success. The participants were given the chance to realise what it takes to boost ones performance and to translate this change into a dynamic team setting.

I enjoyed interacting with Paul and Jim professionally and personally later at our banquet as they are both extremely knowledgeable and interesting characters with a world of experience. I would definitely recommend both gentlemen for your functions and events.

Kind regards,
Nima

Nima Hessami
National Leadership Development Conference 2006
Organizing Committee President
AIESEC McMaster



Membership Chair
Nicole Thériault
nicole.theriault@nrc-cnrc.gc.ca (W)
M_n_p.theriault@sympatico.ca (H)
613-998-5404 (W)



Ottawa Chapter

4 June 2007

Paul Frazer – Mindscape
482 Clarchris Rd
Perth, ON
K7H 3C6

Dear Paul –

My apologies for being so late in sending your payment. I am enclosing a cheque in the amount of \$1,000. I know this is very far from your usual fee and we are very grateful for your understanding of how non-profit associations work!

Following is a testimonial which you requested. If you wish something different, please let me know. I will be happy to re-write to suit your needs.

Awesome presentation. It was a pleasure working with you to develop a Simply World Class Event. Your dedication to helping everyone reach their potential truly shines through. You engage your audiences and are truly motivating. Leaving us with 11 secrets to unlocking our potential ensures that we are on the right path to reaching our potential. Thank you so much.

All the feedback we received was extremely positive with several mentioning they would definitely attend presentations by either of you! You are certainly all very easy to work with and very much client-oriented.

I hope you had a wonderful holiday and look forward to working with you in the future.

Sincerely,

Nicole Thériault



February 20, 2006

Dear Paul Frazer,

On behalf of AIESEC Queen's and the Organizing Committee, I would like to sincerely thank you for coming to speak at the Ontario-Quebec Conference 2006! It was our honor to have you join us and share your knowledge with the delegates.

We found your presentation on the "11 Secrets of Success" to be really motivational and enjoyable. I have received numerous positive feedback about your speech from the delegates, who said they have gained a wealth of new insights from your presentation. Many of the delegates said that they felt really inspired by your presentation and learned a great deal from your speech. Furthermore, everyone attending the speech thought you were a very engaging speaker, and thoroughly enjoyed the interactive nature of your presentation.

Once again, we would like to thank you for coming to present at our event! It was a great pleasure to work with you. We would without a doubt recommend you for any other AIESEC event. Also, we would gladly welcome you back to any future events AIESEC Queen's might hold!

Sincerely,

Oksana Tkatch

Oksana Tkatch
Organizing Committee President
Ontario-Quebec 2006
AIESEC Queen's

November 28, 2005

Paul Frazer
Mindscape
482 Clarchris Rd
Perth, ON
K7H 3C6

Dear Paul,

Thank you for coming to meet our group on August 22, 2005 and for presenting us with your **'Igniting Your Success'** program.

The feedback from the group was very positive. We heard comments like:

- "His ideas clarify what a job seeker must first do in order to find a suitable career".
- "His analysis leads people to an precisely focused perspective on the core issue – defining oneself".
- "Paul Frazer is better informed on the key issues than many of the better known speakers on career advice."

Your presentation was most relevant to our organization and its members. Your ability to present the subject is well researched and penetrating.

We definitely received value and more!

We will be in touch with a couple of other organizations that we believe would benefit from your programs.

Best Regards,



Martin Pagnan for the
Kanata Kareer Group Executive

December 15, 2005

Dear Paul,

Thanks again for taking the time to share your knowledge and positive energy with members of our team here at the centre. Your presentation gave people lots to think about in ways they had not thought before. It is helpful to take time and review how we interpret information and the actions we take in response to situations. I know the attendees were inspired by your energy and outlook.

Thanks Again,

Renée Ladouceur-Beauchamp
Executive Director



12 December 2008

I have had the great pleasure of working with Paul Frazer as my business strategist since October 2007.

I have successfully operated a Virtual Assistant practice for the past 5 years. As a business owner, I almost always experience growth spurts in one form or another in a fluid environment, which is challenging to say the least. Working with Paul has brought about many positive changes in this environment, one of which is a 25% increase in revenue from last year.

When we first started, Paul and I set out a few goals to help with identifying the direction I wanted to take my company. These goals were in the areas of mindset, strategy, and business plan and structure. As we worked through the steps toward the goals, very interesting thoughts began to emerge; ideas that I didn't know existed within me. Paul continued to help me along the paths I was taking, and helped me to understand.

He doesn't follow a prescribed regimen of forms, assessments, diagrams and questionnaires as coaches often do; he has the rare and unique ability to pull the thoughts and ideas out of you, guiding you very precisely, until the answer simply appears. The answer is grabbed hold of, discussed, analyzed and implemented. Paul allows time to pause and reflect on revelations and concepts that have been learned – the farthest away from a 'cookie cutter' approach that one can get.

This process of evolution was a very personal experience as it related to my professional side; an experience that has drawn out other aspects of me that have helped in other areas of my life as well and, I believe, making me a better person.

Regards,

A handwritten signature in black ink that reads "Barbara Best". The signature is fluid and cursive, with the first name being more prominent.

Barbara Best, MVA, CCVA, CAPM
President
Virtual Works

Mark A. Czubak, B.Sc., D.C.
Doctor of Chiropractic
22 William Street West
Smiths Falls, ON
K7A 1N1

December 14, 2008

RE: Mr. Paul Frazer

To Whom It May Concern:

I hired Paul Frazer to assist me with various challenges I was having as the owner of a mature and busy health centre in Smiths Falls. Having run my office, a partnership with another doctor, over the last ten years I felt that I needed external coaching to move me past evident and not-so-evident blocks. Paul was able to help me elucidate what I was after through excellent listening and easy to understand and very systematic steps. Occasionally I could not grasp the significance of new line of thinking. In these cases, Paul masterfully could reframe the message in a different mode such that it would hit home for me. This skill in particular I had never encountered with previous professional management advisors.

Overall my energy improved, my ability to focus on tasks at hand improved and most of all my ability to implement clearer leadership role in the business crystallized. This happened in a way that surprised me, and my confidence in Paul grew as he seemed to know well ahead, what outcomes I would reap from my assigned projects. In essence he was able to show me what leadership style was uniquely mine, and why it was vital to the growth of my team that my abilities be expressed. This knowledge simplified staff interactions and provided a consistent pillar from which I could handle staffing issues. Indeed my relationship with my team and my partner grew with my increasing confidence in presenting my more authentic self rather than a projected self. Paul's work enabled me to step forward out of my old behaviors. Statistically, my office recently topped all previous revenue years and my individual practice in health care grew by a full 20% over the previous year.

I see my work with Paul Frazer as ongoing and essential to my professional success. For high accountability and for continued personal and business simplification and growth I remain his client.

Yours truly,



Mark Czubak

December 17, 2004

Dear Paul,

Thank you for your inspiring presentation provided to the educators of Rideau Valley Diabetes Services.

A very important role that we play as educators is to support those with diabetes to identify their health related goals and set a path that is suitable to them to achieve those goals. At times the greatest barrier for people to overcome is their emotional and cognitive response to their diagnosis and to the options that are presented to them.

Your presentation addressed this challenge. Educators were able to apply your message of how to unlock potential to their own lives and to their practices. It gave them a new perspective on how people move towards accepting their condition and to making changes to maintain or reach their own health potential. The presentation encouraged self-reflection which is so important for professional development and personal satisfaction.

Your presentation style was professional and positive. Many stated that they would like to receive your newsletter or read a book on this topic. Some have already referred to the messages in your presentation when facilitating education programs.

Thank you for joining us for our biannual meeting. I appreciate the time you spent prior to the meeting to obtain an understanding of the group and your interest in follow-up.

Sincerely,

Helen McGuire
Director, Rideau Valley Diabetes Services

Thank you

Paul looks forward to working with you and your team